

# COVID-19 SAFETY PLAN



*At Canberra Hand Therapy, we are dedicated to ensuring the safety of all our staff and patients. Our current protocols in response to the COVID-19 Pandemic are listed below.*

## PHYSICAL DISTANCING

We are limiting the number of people in our clinic. We ask that only **patients** comes through to our therapy rooms, and that family members or visitors stay in the waiting room where possible. Please see the ACT Health Website for more information on the square-metre rule.

## CHECKING IN

We ask that all patients check in on the **Check-In Canberra App** via the QR Code and add dependents or visitors if they are attending. If you do not have the app or cannot use the code, please let our reception staff know and they will check you in.

## CLEANING/HYGIENE

We ask that all patients use hand sanitiser as they enter our clinic, and mask wearing is mandatory for all patients, including children from 12 years old.

All surfaces are wiped with a medical grade cleaner periodically throughout the day, including the reception desk, pens and door handles. Our therapy tables and chairs are wiped down after each patient.

## ILLNESS or EXPOSURE

If you are feeling unwell, have any COVID-19 symptoms, or have been to any listed Exposure Sites, we ask that you please reschedule your appointment with us. We also offer Telehealth Virtual Consultations if you would like to talk to your therapist to progress your rehabilitation program in the meantime.

## OUR COMMITMENTS

- Therapists are required to wash hands before and after each patient.
- Masks are mandatory for all therapists at all times.
- Therapists are educated about and participate in training regarding cleaning, sanitisation and covid-safe measures and changes.
- Therapists and Admin staff are asked to stay at home if they are showing any cold or flu symptoms, and will not return to work until a negative test is confirmed.
- Therapists are trained to deliver Telehealth/Online Consultation appointments.